

**PLANNING ENTRAINEMENTS 2019 / 2020**

| <b>CATEGORIE</b>                | <b>HORAIRE</b>  | <b>JOUR</b> | <b>LIEU</b>  | <b>ENCADREMENT</b>      | <b>COACH RESPONSABLE</b> |
|---------------------------------|-----------------|-------------|--------------|-------------------------|--------------------------|
| <b>BABY<br/>U7</b>              | 10 :45 / 12 :00 | MERCREDI    | PELLETAN     | AUORE / KARL            | AUORE                    |
| <b>MINI POUSSINS<br/>U9</b>     | 15 :00 / 16 :30 | MERCREDI    | PELLETAN     | HERVE / JONATHAN / KARL | HERVE / JONATHAN         |
|                                 | 18 :00 / 19 :15 | JEUDI       | PELLETAN     | KARL                    |                          |
| <b>POUSSINES<br/>UF11</b>       | 18 :00 / 19 :30 | MARDI       | COSEC        | PERRINE / CASSIOPEE     | PERRINE                  |
| <b>POUSSINS<br/>UM 11</b>       | 16 :00 / 17 :30 | MERCREDI    | COSEC        | MARVIN                  | NICOLAS                  |
|                                 | 18 :00 / 19 :00 | VENDREDI    | COSEC        | NICOLAS / CHARLY        |                          |
| <b>BENJAMINES<br/>UF 13</b>     | 18 :00 / 19 :30 | LUNDI       | CORDOUAN     | CEDRIC / MARVIN         | CEDRIC                   |
|                                 | 18 :00 / 19 :30 | JEUDI       | COSEC        |                         |                          |
| <b>BENJAMINS<br/>UM 13</b>      | 18 :00 / 19 :30 | LUNDI       | COSEC        | ILLIES / MARVIN         | ILLIES                   |
|                                 | 17 :30 / 19 :00 | MERCREDI    | COSEC        |                         |                          |
| <b>MINIMES GARCONS<br/>UM15</b> | 18 :30 / 20 :00 | MARDI       | ATLANTIQUE   | KARL                    | KARL                     |
|                                 | 19 :30 / 21 :00 | JEUDI       | COSEC        |                         |                          |
| <b>CADETTES<br/>UF18</b>        | 19 :00 / 20 :30 | MERCREDI    | COSEC        | GUILLAUME               | GUILLAUME                |
|                                 | 19 :00 / 20 :30 | VENDREDI    | COSEC        |                         |                          |
| <b>CADETS<br/>UM 17 1</b>       | 19 :30 / 21 :00 | VENDREDI    | L'ATLANTIQUE | CHARLY                  | CHARLY                   |
|                                 | 19 :30 / 21 :00 | MARDI       | COSEC        |                         |                          |
| <b>CADETS<br/>UM 17 2</b>       | 16 :30 / 18 :00 | MERCREDI    | PELLETAN     | HERVE                   | HERVE                    |
| <b>SENIOR FILLES<br/>SF</b>     | 19 :30 / 21 :00 | LUNDI       | COSEC        | MARVIN                  | MARVIN                   |
|                                 | 19 :45 / 21 :15 | MERCREDI    | CORDOUAN     |                         |                          |
| <b>SENIOR GARCON<br/>SM</b>     | 20 :30 / 22 :00 | MERCREDI    | COSEC        | GUILLAUME               | GUILLAUME                |
|                                 | 20 :30 / 22 :00 | VENDREDI    | COSEC        |                         |                          |
| <b>SENIOR LOISIRS</b>           | 20 :30 / 22 :00 | MARDI       | COSEC        | CEDRIC                  | GUILLAUME R              |
| <b>SECTION SPORT ADAPTÉ</b>     | 16 :30 / 18 :00 | LUNDI       | CORDOUAN     | MARVIN                  | MARVIN                   |